### Is This Where You Were Going?

Evaluating Career Satisfaction and Addressing Dissatisfaction

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### **Tonight's Topics**

- Career satisfaction
- Addressing dissatisfaction
- A not so subtle shift
- The first step on the path

# The Approach for the Evening

I should never be able to fulfill what is, I understand, the first duty of a lecturer — to hand you after an hour's discourse a nugget of pure truth to wrap up between the pages of your notebooks and keep on the mantel-piece for ever.

– Virginia Woolf

### **Evaluating Career Satisfaction**

When white collar people get jobs, they sell not only their time and energy, but their personality, as well. They sell by week or month their smiles and their kindly gestures, and they must practice prompt repression of resentment and aggression.

– C. Wright Mills



# The Wheel of Fortune

- Sir Edward Coley Burne-Jones

# **Evaluating Career Satisfaction**

We work to become, not to acquire.

- Elbert Hubbard



The purpose of industry is to provide the material foundation of a good social life.

- Richard H. Tawney

### **Evaluating Career Satisfaction**

What about you?



- Why do you keep going into the office everyday?
- Why are you doing this kind of work?
- Why don't you follow your inclination?



### Addressing Dissatisfaction

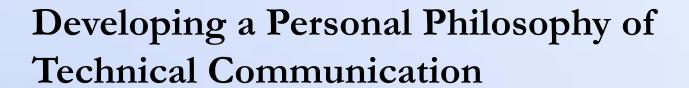
- Cognitive (and other kinds of) dissonance
- Presence of mind
- Purposeful action
- Self-responsibility



Know yourself – and your potential:

- Values
- Personal goals
- Professional goals
- The market

# Addressing Dissatisfaction • What do you think? • Figuring that out.



- Why are you here?
- Why this; why now?



- Tools, tools, techniques, and fads
- Mentoring yourself



- Responding to the NEXT BIG CHANGE
- Loving your work or at least not hating it.
- Finding meaning in the mundane.
- Have an adventure!



Life is a banquet

and those poor (people)

are starving to death!

- Auntie Mame

# Thoughts for the Mantle-Piece

I never travel without my diary. One should always have something sensational to read in the train.

- Oscar Wilde



Our deepest fear is not that we are inadequate.

Our deepest fear is that we are powerful beyond measure.

It is our light, not our darkness that most frightens us.

We ask ourselves,

Who am I to be brilliant, gorgeous, talented, and fabulous?

Actually, who are you not to be?

You are a child of God.

Your playing small doesn't serve the world.

There's nothing enlightened about shrinking so that other people won't feel insecure around you.

We were born to make manifest the glory of God that is within us.

It's not just some of us; it's in everyone.

As we let our own light shine, we unconsciously give other people permission to do the same.

As we are liberated from our own fear, our presence automatically liberates others.

-- Marianne Williamson

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Questions?
Comments?
Stories?

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